

# **TACKLING VIOLENCE AGAINST WOMEN AND GIRLS IN SPORT**

## **A HANDBOOK FOR POLICY MAKERS AND SPORTS PRACTITIONERS**

Safeguarding

Last updated: July 4, 2024



Tackling Violence Against Women and Girls in Sport

'Tackling Violence Against Women and Girls in Sport' is a handbook by UNESCO and UN Women that aims to address safeguarding and inform policy development through an evidence-based and expert-informed approach.

**Brighton Plus Helsinki Declaration Principles:**

Education, Training and Development, Equity and Equality in Society and Sport

**Target audience:**

This handbook is addressed primarily to policy makers and sports practitioners, as well as sports journalists and civil society organizations who want to do more to ensure that women and girls across all social groups can practice sports safely.

**Background:**

Violence against women and girls continues to be one of the most pervasive human rights challenges in the world, with one in three women being a victim of violence. In sports, women and girls are faced with particular risks, combined with ineffective or inexistant prevention and response mechanisms.

Yet, sport holds enormous potential to drive gender equality by improving the well-being of girls and women, and boosting their confidence and leadership skills. This handbook aims to create a shared understanding of the problem and support the development of effective policies to tackle violence against women and girls in sport

**Summary:**

The handbook includes;

- A presentation of the prevalence and scope of the issue, and an analysis of the structure and key characteristics of the sports ecosystem

- Testimonies from survivors and examples of abuse illustrating the depth of the problem and the urgent need for action
- Case studies and tailored recommendations for key stakeholders on how to prevent violence, protect survivors and end impunity

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